

clinical experience is gained in hospitals under the supervision of qualified therapists. Most Diploma courses are three years in length while an additional year is required to complete the degree of Bachelor of Science or Arts in Physiotherapy. Combined training in physical and occupational therapy is given at the University of Toronto and the University of British Columbia.

In order to become registered with the Canadian Physiotherapy Association and therefore eligible for provincial licensing, certain interning requirements are specified. Further information concerning training and registration may be obtained by writing to the Canadian Physiotherapy Association.

QUALIFICATIONS

The personal qualifications needed are a desire to help others, physical fitness and emotional stability, enthusiasm and lots of energy, a pleasant personality and the ability to cooperate with other members of the treatment team. Any student over the age of eighteen with intelligence, patience, initiative and understanding will find physiotherapy a richly rewarding profession.



OPPORTUNITIES TO ADVANCE

These are excellent. There are more employment opportunities than there are qualified therapists to fill them. The increasing number of rehabilitation programs in Canada and the extension of medical care services create a wide choice of jobs and excellent prospects for advancement for years to come. New advances in medicine and increasing interest by voluntary and official organizations in restoring the physically handicapped to normal living expand the opportunities for

careers in the health professions including physiotherapy.

Salaries for physiotherapists range from \$5,500-13,000 per annum in Canada, depending upon the amount of education, experience and administrative responsibilities required for normal professional duties.

SCHOLARSHIPS AND BURSARIES

Government bursaries plus allowances for books, necessary travel and tuition fees may be provided, through use of Dominion-Provincial Health Grants, by Provincial Departments of Health where the individual is prepared to provide an agreed upon return of service. Application should be made to the Provincial Departments of Health. In addition, most universities have loan funds and bursaries available for deserving students. Enquiries should be made to the university courses.

PROFESSIONAL AFFILIATION

The Canadian Physiotherapy Association, founded in 1920, is the national professional association. Its membership now exceeds 2,500 qualified therapists and branches of the Association have been established across Canada, locally and provincially. The Association is also a member of the World Confederation for Physical Therapy. For further information those interested in physiotherapy as a career should write to the university of their choice and to:

The Canadian Physiotherapy Association
64 Avenue Road
Toronto 5, Ontario

Rehabilitation Services
Published by
Department of National Health and Welfare
Canada

© Queen's Printer for Canada, Ottawa, 1970
Cat. No. H54-469

OPPORTUNITIES FOR PHYSIO- THERAPISTS

IN CANADA

CA1

HW

-Z120

FEB 27 1970

UNIVERSITY OF TORONTO



WHAT IS PHYSIOTHERAPY?

In many cases of illness or disability, physiotherapy has an important part to play in treatment, as it is concerned with rehabilitating the sick and injured. Physiotherapy is part of the science and art of treating the sick and disabled to enable them to return to useful living. The therapist is a member of a health profession: one of those on the rehabilitation team associated with the physician, nurse, social worker, occupational therapist, speech pathologist and audiologist, the psychologist and other professional disciplines. This profession is open equally to men and women.



WHAT DO PHYSIOTHERAPISTS DO?

Under medical direction, physiotherapists help injured and disabled persons to maintain or regain physical function. To this end, they teach patients and guide them in the performance of exercises and activities that increase muscular strength and joint movement and improve co-ordination and control. A number of physical agents and appliances are used by physiotherapists, usually for the purpose of aiding patients to carry out their active program more comfortably and effectively. Among these agents are heat in various forms such as lamps, hot water and diathermy to relieve pain and relax muscles, electrical currents to stimulate muscle contraction, water or hydrotherapy which utilizes the buoyancy of water in tanks and pools, massage and ultraviolet rays. The main objective is to help the patient to help himself.



WHERE DO PHYSIOTHERAPISTS WORK?

Most therapists work in hospitals, clinics and rehabilitation centres. Physiotherapists also work in association with physicians engaged in group medical practice, in private practice, in special schools for handicapped children, in chronic hospitals and in home care programs. They may be members of the armed forces with officer status or work in government departments either in clinical practice or as consultants. Many physiotherapists are employed by voluntary agencies in nation-wide therapy programs and occasionally therapists may work for the United Nations, Colombo Plan or on international rehabilitation and relief programs, in other countries. As new hospitals, rehabilitation centres and university courses are opened and existing facilities expand to meet the needs of Canada's increasing population, more and more therapists with university degrees are required as university lecturers, program coordinators and supervisors with administrative functions and responsibilities.



WHAT ARE THE ENTRANCE REQUIREMENTS?

Senior matriculation or the equivalent with at least a 60% average is a minimum requirement. In the Province of Quebec students must complete high school studies in the Physical Sciences Stream and have one year of prescribed university training. As each university requires special subjects for admission to the course, the prospective student should consult the University of choice before commencing Grade XIII studies.

WHERE DO PHYSIOTHERAPISTS TRAIN?

Eleven universities in Canada offer courses in physiotherapy: University of British Columbia, University of Alberta, University of Saskatchewan, University of Manitoba, University of Western



Ontario, University of Toronto, Queen's University, McGill University and Dalhousie University. Laval University and the University of Montreal provide training for French-speaking students. Students may live in university residences, private homes or boarding houses.

WHAT IS THE COURSE?

The subjects to be studied include anatomy, physiology, psychology, pathology, medical and surgical conditions, as well as the theory and application of treatment by physical means such as therapeutic exercise, hydrotherapy, electrotherapy and massage. In the universities which offer a degree: University of British Columbia, University of Manitoba, University of Western Ontario, Queen's University, McGill University, University of Montreal and Laval University, elective courses are also taken. In all courses, lectures and practical laboratories are given at the university, while